

MILFORD ELEMENTARY SCHOOL

Maschio's Food Services, Inc.

MARCH 2010 LUNCH MENU

Healthy Meals Grow Healthy Kids!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| 1 Chicken Tenders, Roll French Fries Hot Vegetable Pears Milk Choice  | 2 <i>Dr Seuss's Birthday</i> Who Roast Beast (Hot Ham Sandwich) Who Hash(browm) Who Pudding (Chocolate) Milk Choice  | 3 <i>Read Across America</i> Hot Dog on a Bun Baked Beans Sliced Apples Milk Choice  | 4 Fish Tenders/Roll Smiley Fries Corn Peaches Milk Choice  | 5 Pizza Garden Salad Chilled Fruit Milk Choice |
| 8 <i>LuckyTray Day</i> Baked Mac'n'Cheese Dinner Roll Green Beans Applesauce Milk Choice | 9 <i>Lucky Tray Day</i> Pancakes Sausage Orange Juice Milk Choice  | 10 <i>Lucky Tray Day</i> Pizza Sticks w/Marinara Sauce Tossed Salad Pears Milk Choice | 11 1/2 day NO LUNCH SERVED | 12 NO SCHOOL |
| "National School Breakfast Week" | | | | |
| 15 Cheese Quesadilla Salsa and Sour Cream Peas Chilled Fruit Milk Choice  | 16 Chicken Parm Wrap Tossed Salad Chilled Fruit Milk Choice  | 17 <i>Happy St. Patrick's Day</i> Lucky Nuggets /Roll Golden Tator Tots Carrot Coins Chilled Fruit Milk Choice  | 18 Turkey Club Wrap Vegetable Pasta Salad Pears Milk Choice  | 19 Stuffed Crust Pizza Tossed Salad Pudding Assorted Fruit Milk Choice |
| 22 <i>Boardwalk Days</i> Cheese Steak on a Bun Cheese Fries Vegetable Sticks Frozen Juice Bar Milk Choice  | 23 Pasta w/ Meatballs Garlic Bread Chilled Fruit Milk Choice  | 24 Baked Chicken/Roll Mashed Potatoes Gravy Hot Vegetable Peaches Milk Choice  | 25 Grilled Cheese Sand. Chicken Noodle Soup Crackers Apples w/cinnamon Milk Choice | 26 French Bread Pizza Caesar Salad Assorted Fruit Milk Choice |
| 29 Baked Ziti Garlic Bread Hot Vegetable Chilled Fruit Milk Choice | 30 Ham/Cheese Hoagie Lettuce and Tomato Macaroni Salad Assorted Fruit Milk Choice | 31 Rosata's Garden Salad Raisins Chilled Fruit Milk Choice  | Assorted Bread Available Daily  | Vegetable & Fruit of the Month Raisins & Mixed Greens |

Student Lunch \$2.50
 Adult Lunch \$3.00

"SIDEKICKS"

Milk \$.50
 Fruit \$.50
 Baked Chips \$.60
 Otis Cookie \$.30
 Hot Pretzel \$.50
 Spring Water \$.50/\$1.00
 Flavored Water \$1.25
 Fruit Juice \$.50
 Ice Cream \$.75/\$1.00

Available Daily

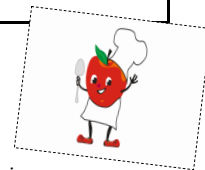
MAC CHICKEN WRAP
 Veggie Sticks
 Fruit
 Low Fat Milk
Or
 PB & J on Wheat Bread
SALAD SUPREME
 Mixed Salad Platter w/proteins,
 Whole Grain Bread, Fruit, Milk
Or
 Tuna Salad Sandwich
OR
 Cheeseburger on Roll

Bagel Bag Lunch
 Bagel
 Cheese Sticks
 Fruit
 Vegetable Sticks
 Low-Fat Milk

Ham and Cheese
 On Wheat Bread



Choice of flavored or unflavored, low fat milk with all meals.



Can We Help? Call Maschio's Food Services at your School!

BEST BUY *Complete Lunch...Only \$2.50
 Includes Vegetable, Fruit or Juice and Milk
 Lunch Tickets Available In The Cafeteria
 10 Meals \$25.00
 20 Meals \$50.00

"Our lunch menus meet or exceed USDA guidelines for child nutrition lunch programs."

www.maschiofood.com

